

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Liesl Bester**

Has successfully participated & completed the

Bull Team Cowhouse Cross Duathlon 2019 #3

held at Cowhouse Market.

## **TIME** 02:46:37

**PACE** 12.96km/h **OVERALL** 4 of 4

**GENDER** 2 of 2 30 TO 34 1 of 1

Sout Lime Signature

02 June 2019, Sun Date